

Healing Laser Clinics

Infrared Body Wrap

**Healing Laser
Clinics, Inc.**
Central Florida's *Quit Smoking* Laser and Weight Loss Center

3865 Lake Emma Rd.
Lake Mary, FL 32746

407-833-3800



What is the InfraRed Body Wrap System

The first thing we need to establish is the understanding of what a body wrap is and what its supposed to do. When we accumulate body fat tissue, most commonly in men, it is from the waist upward. In women, it is from the waist down. When we accumulate body fat anywhere in the body, blood circulation becomes worse. As we accumulate more and more body fat, our circulation decreases even more. Because of a lack of blood circulation, we cannot metabolize or burn body fat. In addition, very little heat is being circulated to that part of your body. This result is what we call "cold spots." When we take away the heat from that area of your body and it cools, the fat then turns from subcutaneous fat into cellulite.

Subcutaneous fat is very soft and easy to lose. Cellulite is almost like hard muscle that is hardened from the lack of blood circulation.

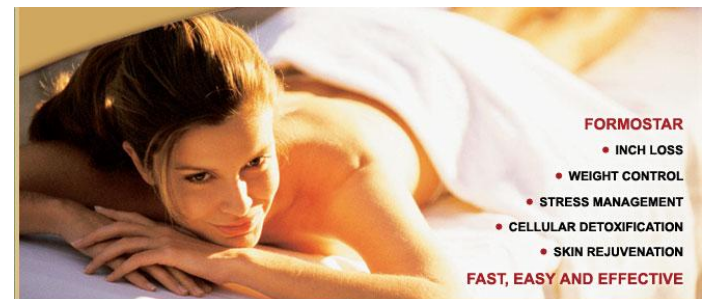


What is the InfraRed Body Wrap System

The purpose of the body wrap is to apply heat to the body in order to get underneath the fat tissue and thin the blood to allow it to get into the areas where fat tissue exists. Bringing the blood back into the areas that have had restricted blood flow causes the metabolism rates to rise. The heat softens the fat tissue and it begins to break up causing it to be released back into the blood stream in the form of calories to be burned up as energy.

The body accumulates fat by a simple biological process. The food we eat contains calories that are stored in our blood stream. When we have an excess of calories, the body stores them as fat.

The InfraRed Body Wrap reverses this process by breaking the fat down into calories and placing them back into the blood stream to be used as energy.



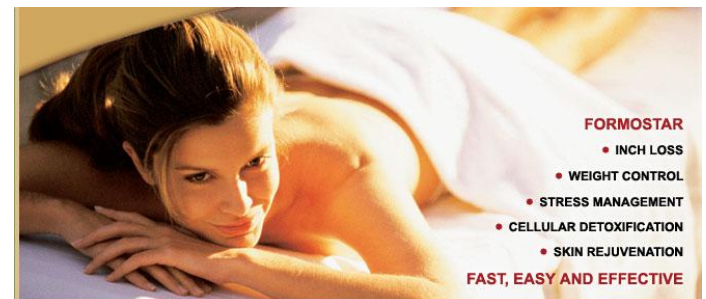
Health Benefits

Formostar provides pain management benefits and enhanced healing. Women report excellent results for post pregnancy body shape recovery, fat loss and skin rejuvenation.

The Formostar™ is also highly effective as a source of healing that improves circulation, cardiovascular, and immune systems. More effective than any traditional heat treatment, the InfraRed heat penetration goes twice as deep, getting at toxins and cellulite that are trapped in pockets below the skin.

Weight reduction, by the use of InfraRed heat treatment, is the conversion of the energy from food intake into heat which is then radiated from the body. This appears to be as a result of the fact that the enzyme activity of the fat cells is lowered.

Heat therapy has been used effectively on acute and chronic inflammatory illnesses. Degenerative diseases react well to heat because of the relaxation of the muscles and the analgesic effect of the heat.



By the heating up of the skin and the fatty tissue under the skin, the blood circulation is increased up to 3.5 times resulting in increased elimination of fats, toxins, and cellulites due to local InfraRed heat therapy. For the treatment of orthopedic conditions, and particularly for athletes, InfraRed heat treatment typically provides a meaningful measure of relief.

Far InfraRed energy penetrates uniformly into the body, emitting the full bio-spectrum that penetrates the deep layers of the skin. This process stimulates molecular activity to promote the metabolism of skin cells. A good metabolic rate enables the skin tissues to produce new cells and replace old skin or dead skin cells.

Far InfraRed energy effectively breaks down water molecules that accumulate and store unwanted toxins in our body that block blood circulation and impair cellular functions. Exposure to InfraRed waves steadily circulates blood, removing blockages in the blood vessels and allowing for proper oxygen distribution to all parts of the body. This action has had success in treating skin disorders such as acne, eczema and psoriasis.



Why use the InfraRed Body Wrap System?

The **Formostar Infrared Body Wrap System** is a **targeted Infra Red** heat system commonly used by Day Spas, High End Tanning Salons, and Beauty Salon **for targeting specific inch loss, weight loss, improved** skin conditions including acne, psoriasis, cellulite removal and more. The Formostar Infrared Body Wrap therapy also has produced outstanding results on the following:

- Body Fat Reduction
- Calorie Reduction
- Blood Circulation
- Pain & Cramp Relief
- Sciatica and Backache Relief
- Arthritis
- Muscle Spasms
- Whiplash
- Boosts Immune System Response

**Healing Laser
Clinics, Inc.**
Central Florida's *Quit Smoking* Laser and Weight Loss Center



Why use the InfraRed Body Wrap System?

A sauna warms the body from the outside in, which makes the body release sweat within minutes. The body's natural function is to keep cool causing the body to merely perspire. Therefore, any temporary reduction in weight is generally from water that has been perspired. The Formostar, as opposed to the above methods, uses infrared heat. Through the many years of its use, infrared has come to be known as a treatment with many benefits. It has been used in hospitals, chiropractic centers, and is used by sports therapists.

The great thing about infrared heat is that it is able to penetrate the body and go directly to the bone. This is why the Formostar Infrared Body Wrap is sometimes used for sports injuries. When you damage a muscle, the heat goes right to the bone and promotes blood circulation which helps alleviate the pain. In addition, pain such as arthritis is relieved.

The Formostar does not warm the body from the outside in; it warms from the inside out.



How does the Infrared Wrap make me lose weight?

Once the heat has reached the bone, the heat rises. It gets right underneath the fat cells, including cellulite. It warms the body at a constant temperature because it is done with a constant electric heating pad, and not something that loses its heat like clay bandages. The temperature remains constant from the first to the last minute.

Does anyone ever go to the gym and do cardiovascular? During the first 20 minutes of the workout, the body is just warming up. Then from the 21st minute on, the body begins to burn fat. The Formostar increases your metabolism for 50 minutes, which melts the fat away. The blood is thinned with the heat and it comes back in to the areas of the fat tissue. It jumpstarts metabolism, which breaks down the body fat, and releases it back into the bloodstream for the body to use up as energy.

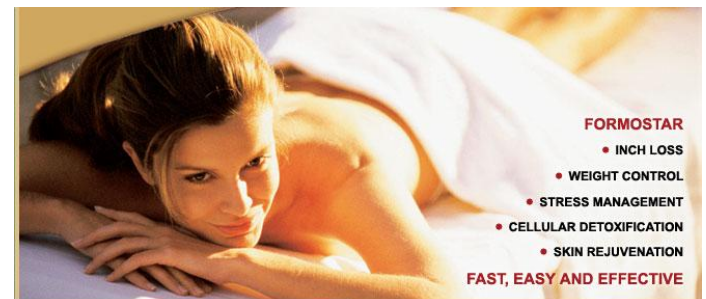
The Formostar can burn up to 900-1400 calories per wrap. That is why the system is so effective.



How do you recommend I use the Infrared Wrap?

When using the Formostar, you are wrapped right over your clothes eliminating any awkwardness of wrapping naked as required by other body wraps. We recommend coming in wearing t-shirts and loose sweats or jeans. We also recommend 6 sessions spread over 3 weeks with a few days in between sessions.

We recommend that Formostar users drink half their weight in ounces of spring water for two days before their visit and drink lots of water during their session and after. Water is life and will be what helps to waste out the fat. Walking after work when at home is also a great exercise during their 3-week program.



Contra-Indications for InfraRed Body Wrap

Consult your doctor before receiving an InfraRed Body Wrap treatment for any of the below listed conditions:

- * Cardiac Condition
- * Adrenal Suppression
- * Metal Pins or Rods
- * Implanted Silicone
- * Heavy Menstruation
- * Lupus Erythematosus
- * Multiple Sclerosis
- * Artificial Joints
- * Varicose Veins

You cannot receive the treatment if you suffer from any of the below conditions.

- * Acute Joint Injury (1st 48 hrs)
- * Pregnancy
- * High/Low blood Pressure
- * Hemophilia
- * Diabetes requiring Insulin
- * Open Wounds
- * Fever
- * Skin Diseases
- * Implanted Pacemaker
- * Constricted Coronary Blood Vessels
- * Enclosed Infection (Dental, Joint)
- * Overactive Thyroid Gland
- * Kidneys Malfunctions
- * Contact Allergies
- * Severe General Infection

**Healing Laser
Clinics, Inc.**
Central Florida's *Quit Smoking* Laser and Weight Loss Center

